

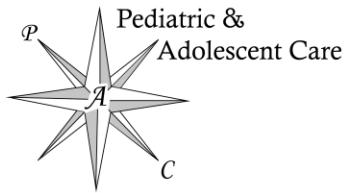
## CHECK-UP & IMMUNIZATION SCHEDULE

The best way to maintain your child's health is through periodic medical examinations or Well Child Care. Regularly scheduled check-ups are the key to early detection and treatment of developmental and growth disorders. These visits are a good time to ask questions that you may have concerning your child's health, behavior or school performance. We may not be able to solve all your child's problems at one visit, but it is a good place to start. In addition, we'll complete the necessary immunizations and screening labs. Regular checkups can minimize the need for last minute school, sport and summer camp examinations. **Annual checkups after 3 years of age are an essential part of well child care and are recommended by the American Academy of Pediatrics.** Guidelines for WCC are listed below.

AGE	EVALUATION: Growth, Development, Exam plus the following tests and surveys	IMMUNIZATIONS
2 wk	Jaundice	
2 mo		DtaP-IPV-HepB, PCV, HiB, Rotavirus
4 mo	Anemia* (prematurity <32 weeks)	DtaP-IPV-HepB, PCV, HiB, Rotavirus
6 mo	Fluoride	DTaP-IPV-HepB, PCV
9 mo	Fluoride	
12 mo	Fluoride, Anemia, Lead*, TB*	Var, MMR, Hep A
15 mo	Anemia*	PCV, HiB, DTaP
18 mo	Autism, Anemia*	Hep A
2 yr	Fluoride, Autism, Lead*, Anemia*, TB*	
2.5 yr	Fluoride, Anemia*, TB*	
3 yr	Fluoride, Anemia*, TB*	
4 yr	Fluoride, Anemia*, TB*	Var, MMR, DTaP-IPV
5 yr	Fluoride, Vision, Hearing, Anemia*, Cholesterol*, TB*	
6 yr	Fluoride, Anemia*, Vision*, Hearing*, TB*	
7 yr	Vision*, Hearing*, Anemia*, TB*	
8 yr	Vision*, Hearing*, Anemia*, TB*	
9 yr	Vision*, Hearing*, Anemia*, TB*	
10 yr	Cholesterol*, Vision*, Hearing*, Anemia*, TB*	
11 yr	Vision*, Hearing*, Anemia*, TB*	Tdap, HPV, MCV
12 yr	Vision*, Hearing*, Anemia*, TB*	
13 yr	Vision*, Hearing*, Anemia*, TB*	
14 yr	Vision*, Hearing*, Anemia*, TB*	
15 yr	Cholesterol*, Vision*, Hearing*, Anemia*, TB*	
16 yr	Vision*, Hearing*, Anemia*, TB*	MCV
17 yr	Vision*, Hearing*, Anemia*, TB*	
18 yr	Vision*, Hearing*, Anemia*, TB*	
19 yr	Vision*, Hearing*, Anemia*, TB*	

\* test if risk factors present.

Flu vaccine recommended annually beginning at 6 months



### Abbreviations:

DTaP	Diphtheria, Tetanus, acellular Pertussis	MMR	Measles, Mumps and Rubella
Hep A	Hepatitis A	PCV	Streptococcus pneumoniae vaccine
Hep B	Hepatitis B	Rotavirus	Rotavirus (oral vaccine)
HiB	Haemophilus influenzae Type B	TB	tuberculosis
HPV	Human Papilloma Virus	Tdap	Tetanus, Diphtheria, pertussis booster
IPV	Inactivated Polio vaccine	Var	Varicella (chickenpox)
MCV	Meningococcus		

**All immunizations are thimerosal free.**

Please remember that one of us is always available to see your child if he or she is ill and needs our attention. We feel it desirable to schedule SICK visits separate from CHECK-UPS whenever possible. Many schools and sport activities require annual check-ups for older children and adolescents. We are happy to schedule for this as needed.

### Influenza Vaccine, aka Flu Shots

Flu shots deserve special mention as they are not a part of the routine check-up schedule. Influenza sickens tens of thousands of people across the United States each winter. The flu and its complications can be deadly, particularly for high risk individuals. Children under five years (particularly under 2), the elderly and those with chronic medical conditions are at highest risk.

The best way to protect yourself and your family from the flu is to get a flu shot each year. Flu shots are recommended for **ALL persons 6 months and above**. PAC offers flu vaccine in the late summer/fall at routine check-ups and special flu vaccination clinics. Make sure your child gets a flu vaccination every year.

